

### Key vocabulary

solo - on your own.

duo - with a partner.

dynamics - how the dancer moves eg fast/slow, strong/light, flowing/abrupt.

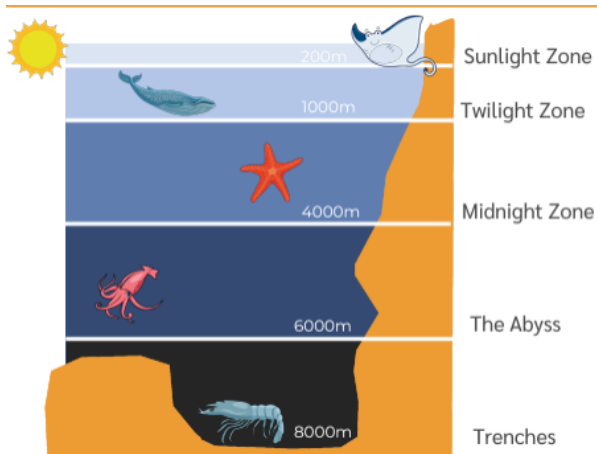
phrases - A brief sequence of related movements that create one part of a dance.

layers - the different layers of the ocean - trench midnight and sunlight layers.

travel - to move across the floor.

improvise - a non-choreographed movement.

### Layers of the ocean



### Movement ideas

#### Waves

##### Key words

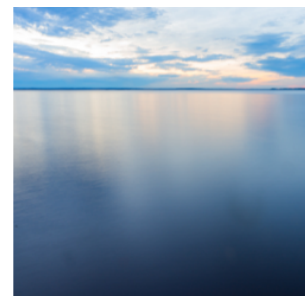
- Stormy
- Violent
- Fast
- Rush
- Big



#### Calm

##### Key words

- Smooth
- Gentle
- Still
- Deep
- Flat



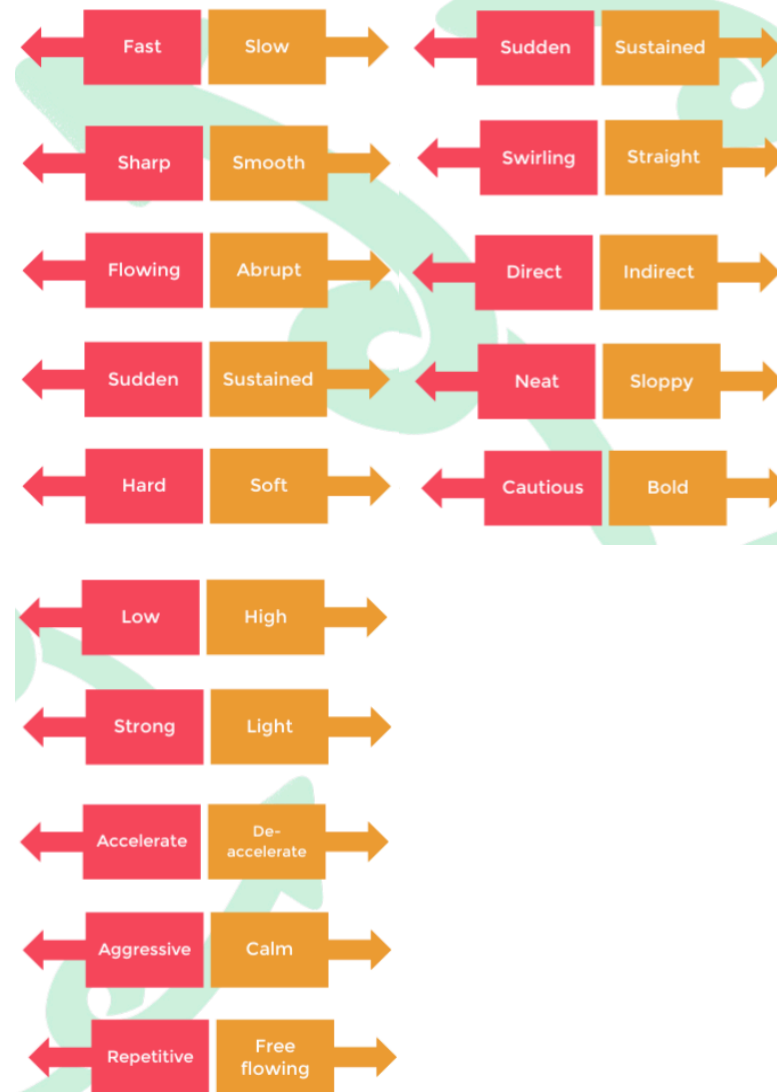
#### Currents

##### Key Words

- Flowing
- Turning
- Moving
- Circling
- Changing speeds



### Dynamics



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