

Bar Mitzvah / Bat Mitzvah

Mitzvah – Commandment or law

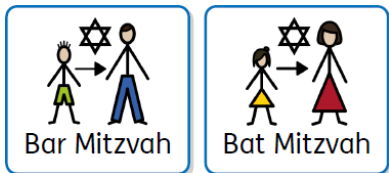
Bar – boy

Bat – girl

So **Bar Mitzvah** – son of the commandment

And **Bat Mitzvah** – daughter of the commandment

Seen as the young person becoming an adult in the eyes of the Jewish religion.



Girls learn a poem – **Eishet Chayil**

Boys learn from the **Torah** (Holy Text for Jewish people)

Both have to read in Hebrew.

Boys must wear **Kippah** and **Tallit** (cap and shawl)

Stand on the **Bimah** (stage) and use a **Yad** (pointer) so as to not touch the holy text.

There's a party to celebrate with family. People throw sweets to symbolise people showering them with blessings

Shabat

Shabat – Sabbath – holy day

Jewish law says that **melakhah** (work, including cooking or cleaning) is not allowed on the Sabbath.

From Friday evening (sundown) and ends on Saturday evening (sundown)

The family works hard together to clean the home, prepare food, and lay the dinner table.

They wear their fancy clothes to celebrate.

Traditions at the Shabat meal include Shabat candles, wine (or grape juice) is shared in a **kiddush** cup, **challah** bread is eaten, and blessings are recited.



Families visit the synagogue on Friday night and/or Saturday morning.

Havdalah is the end of Shabat.

Pesach / Passover

Passover is celebrated by Jews in Spring.

It celebrates the first Passover, the tenth of the plagues sent by God as a punishment for the Israelites' enslavement.

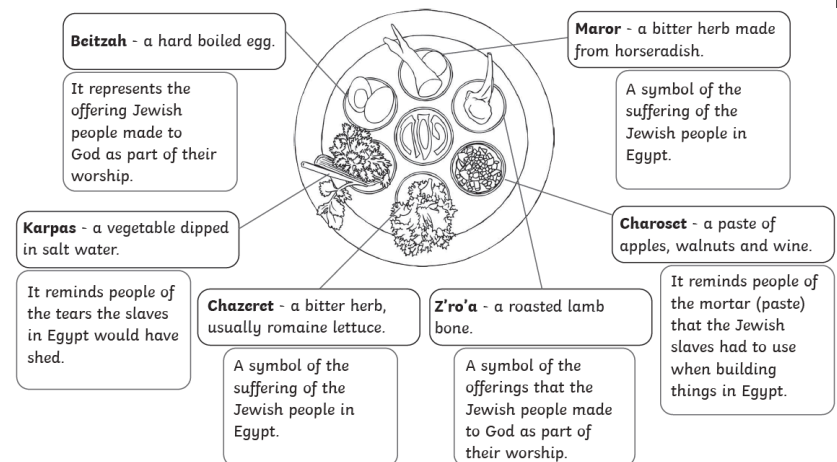
Passover is celebrated for seven or eight days. Some Jewish families clean their house before the festival begins.

The story of the first Passover is told during celebrations, from a book called the **Haggadah**.

A special service called **Seder** (Hebrew for 'order') happens on the evening before Passover begins.

This takes place with family and friends over a special meal, called the seder meal, where a special plate called the seder plate is used.

There are items on the plate that are symbolic, including lamb shank or bone, egg, bitter herbs, Charoset, as well as **Matzot** (unleavened bread).



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