

Learning for Life: Changing Me - Summer 2

Life cycles:

All living things have a **life cycle**.

All living things are **born, grow and die**.



Changes:

1. Our bodies change as we **grow**.



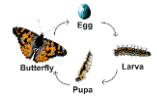
2. **Changes are ok.**

3. Changes happen if I want them or not.



Key Vocabulary

life cycle – from birth through to death



adulthood – when you are a grown up

male – a person with boy parts

female – a person with girl parts

penis



testicles



vulva – the outside of the girl parts



vagina – the inside of the girl parts

anus – the hole where the poo comes out



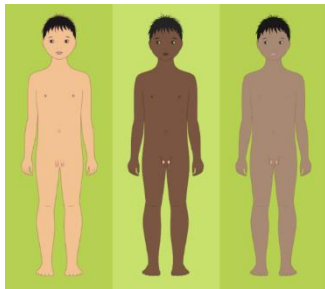
anxious – thoughts or feelings that make you worried or scared

excited – very happy and can't wait for something

coping – find ways to help with different feelings

Our bodies:

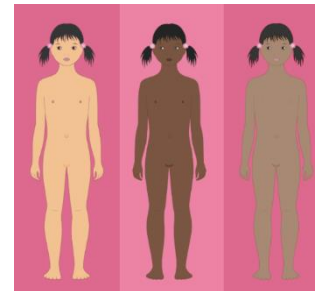
1. Boys and girls have different private parts.



2. Private parts are the bits covered by our underwear.

3. Private parts are only for us.

4. No one can ask to see or touch your private parts.



Previous Knowledge – Understanding of feelings. Understanding of showing respect and privacy.

Values:  empathy,  honesty and trust,  respect,  responsibility,  confidence