

## PE: Attack, defend and shoot unit - Spring 2

### We are learning...

1. To kick the ball over long and short distances
2. To stop a ball with control using the foot.
3. To work as a team to keep the ball.
4. To bounce a ball with my partner.
5. To bounce the ball while we are moving (dribbling).
6. To pass the ball forward in a game

### Unit Focus

Send a ball using feet and can receive a ball using feet. Refine ways to control bodies and a range of equipment. Recall and link combinations of skills, e.g., dribbling and passing.

### Key Questions

1. How did you work well as a team?
2. How did you progress forward up the pitch?
3. How did you attack, and how did you defend?

### Key Vocabulary

Aim – point or direct at a target

Attack - try to score a goal

Compete – strive to gain r win something

Control - taking care of the ball

Cooperate – work jointly towards the same end

Receive - to be given or presented with

Restart - to start again

Sideline – either of the two lines bounding the longer sides of a football field

### Rules

- No contact.
- Restart play if the ball goes off the side-line (the team that did not hit the ball out gets a side-line ball and must pass into one of their players).
- Pass to each player before shooting.

### Equipment



**Previous Knowledge** – Can recognise rules and apply them. Can use and apply simple strategies for invasion games. Can describe why we take part in exercise and enjoy it.