

# Dreams and Goals

| Key Learning   | Key Vocabulary   |
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| <p>I will learn about...</p> <ul style="list-style-type: none"><li>• My learning strengths</li><li>• How to set challenging and realistic goals</li><li>• The steps I need to take to reach my goal</li><li>• How to motivate myself</li><li>• How to work with others to make the world a better place</li></ul> <p>I will explore...</p> <ul style="list-style-type: none"><li>• How to stretch my own learning</li><li>• How to set success criteria</li><li>• How to recognise my own emotions</li><li>• Different situations where people might be struggling</li><li>• How to give praise and compliment myself and others</li></ul> | <ul style="list-style-type: none"><li>• <b>Unrealistic:</b> not realistic : inappropriate to reality or fact</li><li>• <b>Global:</b> relating to, or involving the entire world</li><li>• <b>Concern:</b> a worried or nervous feeling about something, or something that makes you feel worried</li><li>• <b>Hardship:</b> causes suffering or unpleasantness</li><li>• <b>Praise:</b> words that show admiration or respect</li><li>• <b>Compliment:</b> give them praise or say a nice thing about them</li><li>• <b>Recognition:</b> the act of realising that one knows someone or something</li></ul> |

## Key Questions

- What are your learning strengths?
- What goal have you set at school?
- What goal have you set for home?
- How can I help you achieve your goals?
- What problems in the world are you worried about? Is there anything we can do to help?
- What do you think your classmates admire and like about you?
- How can I overcome obstacles when working towards a goal?
- Can you explain the different ways to work with others to make the world a better place?

