

I know about specific people who have overcome difficult challenges to achieve success.



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I know what dreams and ambitions are important to me.

I know how I can best overcome learning challenges.

I know that I am responsible for my own learning.



I know what my own strengths are as a learner.

I know what an obstacle is and how it can hinder achievement.

I know how to take steps to overcome obstacles.

I know how to evaluate my own learning progress and identify how it can be better next time.

'Solve it together' Technique

Step 1 - 'Solve it together' code

- Each person needs to agree to
- Respect each other
 - Take turns to speak
 - Be honest
 - Involve an adult if it is serious
 - Want to solve the problem



Step 2 - Hearing both sides of the problem

Each person has the chance to say what he/she thinks happened.



Step 3 - Sharing feelings

Each person has the chance to say how he/she feels about the situation.
Then each person has a chance to say how he/she thinks the other person might be feeling.



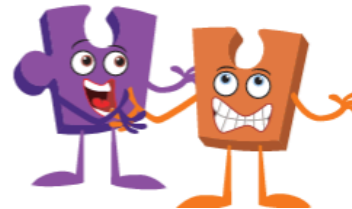
Step 4 - Finding solutions

The people think of what they can do to solve the situation or to make the situation better for them both.



Step 5 - The agreement

They choose a solution and shake hands.



Key Vocabulary

Ambition - Wanting to do something really great and working hard to make it happen.

Motivated - Feeling excited and ready to do something because you want to achieve it.

Enthusiastic - Feeling very happy and excited about something you like or enjoy.

Review - Looking at something again to see how well it's done or if it can be made better.

Admire - Liking or respecting someone because they've done something really good or kind.

Responsible - Doing what you are supposed to do and making good choices that help others.

Frustration - Feeling upset because something isn't working the way you want it to.

Evaluate - Thinking carefully about something to decide how good or bad it is.

Respect - Being kind and fair to others, and treating them the way you want to be treated.

Solutions - Ideas or answers that help fix a problem or make something better.