

Sticky Knowledge

- Be able to catch a netball.
- Know when to use a chest pass and be able to perform a quick, accurate pass.
- Be able to dodge to get free from another opponent.
- Know how to show that you are ready to catch the ball.
- Know when to use a bounce pass to feed the goal shooter.
- Know the role of the goal shooter.
- Be able to throw a netball for distance using a shoulder pass.



Equipment used

- Netballs
- Bibs
- Cones
- Hoops
- Netball post

Key Questions

- When would we use a bounce pass?
- How can we create a space?
- What is the 1m distance rule?
- How does netball differ from other invasion games?



Rules of the game

- If the ball goes off the court, a throw - in is taken by the team who didn't throw or knock the ball out of the court.
- If a player breaks the rules, the umpire will give a pass or a shot to the other team.
- Each person has a designated zone that they are allowed to enter. Know where these zones are.

Key vocabulary

- Space
- Pass
- Accurately
- Mark
- Dodge
- Attack
- Defend
- Footwork
- Possession
- Shoot
- Rules
- Improve

