



Worplesdon Primary School – Weekly Update

Friday 16th June

Dear Parents/Carers,

Already another week has flown by and I'm sure your children have enjoyed the sun and being outside with their friends. Thank you to all of you for sending them in with water bottles, hats and sun cream - it really makes the difference with keeping them going through the day!

Art Project

Next week we'll be making our models - please send us as much plastic recycling as possible as we currently don't have enough.

Relationships and Sex Education - Reminder for Next Week

As part of our ongoing Relationships and Sex education curriculum, the Year 5 team are keen to create an environment in school where children feel it is safe to ask questions. We are very aware that if children do not feel comfortable asking parents or teachers questions they will find answers themselves either by chatting to other children or obtaining information from the internet. I am sure you will agree that the answers found are often both unhelpful and inappropriate for their age. We believe that pupils should be given the opportunity to access a curriculum which prepares them for the changes that adolescence brings, this is why it is important that we deliver a carefully planned RSE curriculum to our Year 5 children. As is customary throughout our school, the children have access to worry boxes should they have any questions during/after the sessions.

How will we deliver this?

During the week beginning 19th June, the Year 5 children will be taking part in 3 lessons, delivered by our class teachers. This is part of our 'Jigsaw' scheme of learning which is a mindful approach to PSHE (Personal, Social, Health Education) which includes the statutory RSHE (Relationships Education, Sex Education and Health Education) and has a strong focus on emotional and mental health and wellbeing. The children will learn about:

Session	PSHE Learning Intention
Puberty for Girls	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally
Puberty for Boys	I can explain how a boy's body changes during puberty and understand the importance of looking after yourself physically and emotionally
Conception	I understand that sexual intercourse can lead to conception and that is how babies are usually made



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	I also understand that sometimes people need IVF to help them have a baby
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What must primary schools teach in Relationships Education, Health Education and Sex Education?

From September 2020, Relationships and Health Education were made compulsory in all primary schools in England.

This DfE guidance clearly states the statutory requirements, i.e. what children **MUST** be taught by the end of primary school. Health Education includes learning about ‘the changing adolescent body’ to equip children to understand and cope with puberty.

The National Curriculum for Science (also a compulsory subject), includes learning the correct names for the main external body parts, learning about the human body as it grows from birth to old age and reproduction in some plants and animals (which could include human beings). Relationships Education, Health Education and Science are compulsory subjects and parents/carers do NOT have the right to withdraw their children from these subjects.

Additionally, the DfE recommends, ‘that all primary schools should have a Sex Education programme tailored to the age and the physical and emotional maturity of the pupils.’ The aspects relating specifically to puberty and human reproduction are covered across these 3 sessions and our delivery is supported with use of scientific animations.

To ensure all children feel comfortable and confident with this, we provide the children with the option of an individual boys and girls room as well as a mixed-gender room. If you would like to discuss any of this further, please don’t hesitate to contact your child’s teacher.

Have a great weekend,

Mr Clifton, Mr Djadali, Mr Kennedy and Mrs Nightingale