



















Spring Summer 2023 – Week 1

W/C: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October

Band	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Cheese and tomato pizza with potatoes 	Pork sausage with mashed potato and gravy	Roast chicken with roast potatoes and gravy	Beef Bolognese with wholemeal pasta	Battered fish with oven chips
GREEN	Veggie sausage roll with potatoes 	Veggie sausages with mashed potato and gravy 	Quorn fillet with roast potatoes and gravy 	Ricotta cheese and spinach wholemeal ravioli in tomato sauce 	Vegetable goujons with chips 
YELLOW	Jacket potato with cheese and beans 	Ham Wrap	Cheese and tomato pasta pot 	Jacket potato with tuna	Cheese Wrap 









Spring Summer 2023 – Week 2

W/C: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th September, 16th October

Band	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Ricotta & Mozzarella filled Ravioli in tomato sauce 	Beef burger in a bun with chips	Roast Chicken, roast potatoes and Gravy	Sausage in a roll with pasta salad	Fish fingers with chips
GREEN	Glamorgan sausage with potato wedges 	Southern style meat free burger in a bun with chips 	Quorn fillet, roast potatoes and gravy 	Mac n cheese with garlic bread 	Veggie burrito 
YELLOW	Jacket potato with cheese and beans 	Ham wrap	Cheese and tomato pasta pot 	Jacket potato with tuna	Cheese wrap 

Spring Summer 2023 – Week 3

W/C: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October

Band	Monday	Tuesday	Wednesday	Thursday	Friday
RED	Wholemeal pasta bake 	BBQ chicken with rice	Roast turkey meatloaf with roast potatoes and gravy	Minced beef and vegetable pie with potatoes and gravy	Battered fish with oven chips
GREEN	Meat free chilli with wedges 	Tomato and cheese whirl 	Quorn fillet with Roast potatoes and gravy 	Veggie balls in cheese and tomato sauce with wholemeal pasta 	Veggie sausage and tomato roll with oven chips 
YELLOW	Jacket potato with cheese and beans 	Ham wrap	Cheese and tomato pasta pot 	Jacket potato with tuna	Cheese wrap 