



Safeguarding Update

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Issue 40



Social networking is hugely popular. Many young people are sophisticated in the way they use social media apps and websites, tailoring their communication for different audiences, and accessing them from a range of devices including smartphones, tablets, and games consoles.

But social media, like all forms of public communication, comes with some risks. Not all of these risks turn into actual problems; and if children never face any risks, they never learn how to deal with them. By helping your child understand what the risks are, you can play a big part in preventing them from turning into problems.

To help, follow this link for a guide which supports parents in how to minimise risks and what to do if you are concerned.

<https://www.internetmatters.org/resources/ukcis-social-media-guide-for-parents-and-carers/>

If you're concerned about a child please contact the school Designated Safeguarding Leads (DSL).



Alternatively, please call the Surrey Safeguarding Children's Partnership on 0300 470 9100 or email cspa@surreycc.gov.uk



Real Love Rocks is an education and awareness raising programme developed by Barnardos' Safer Futures Trauma Services. Promoting children and young people's rights to healthy, consensual and safe relationships with peers, partners, their family and across their community is at the heart of this.

Real Love Rocks seeks to raise awareness of the different types of abuse and exploitation that people experience. This includes Child Sexual Abuse, Sexual Exploitation, Criminal Exploitation, Radicalisation, Extremism, and the world online, making it more relevant to children and young people of today covering themes such as:

- Children's rights
- Consent, power and control
- Feelings and emotional regulation
- Mental health and wellbeing
- Grooming
- Bullying/Cyberbullying
- Appropriate/inappropriate content online
- Challenging victim blaming
- Laws around keeping people safe

<https://www.barnardos.org.uk/>



The NSPCC have updated the Speak out Stay safe programme for children with additional needs and disabilities. The adapted resources support schools and parents to deliver vital messages to pupils about recognising abuse and which trusted adults they can turn to for help.

For further information, please go to:

<https://www.nspcc.org.uk/keeping-children-safe/our-services/working-with-schools/>