



Worplesdon Primary School – Weekly Update

Friday 6th May 2022

Dear Parents / Carers,

We have had another great week in Year 3! The children have been spending time in assemblies talking about our value of the month: Courage. It has been lovely to see the children trying to be courageous and try new things during the school day. May's value of the month is Tolerance.

Our Learning

In English, the children have produced fantastic writing about a variety of different thieves, including the Laughter Thief, the Nightmare Thief, the Worry Thief and the Scream Thief. Next week, we are going to begin a three-week letter writing unit, beginning with writing letters to Mrs Bassett-Cross. Our week will begin with Mrs Bassett-Cross telling the year 3 children that she is planning to sell the school field to developers to build new houses. **This is not true.** However, it will give children an exciting writing hook, to engage them in our English lessons by writing letters to Mrs Bassett-Cross as to why she shouldn't do this. We would appreciate your support by not telling the children it isn't true, until Friday. Many thanks.

In Maths, we have been learning about equivalent fractions. We have used fraction walls to find equivalent fractions and we have using a variety of pictorial representations to find and proves which fractions are equivalent. Next week is our final week on fractions and we will be comparing fractions and then learning to add and subtract fractions with the same denominators.

Relationship and Sex Education

Next week, we will be teaching a learning for life lesson which covers the Year 3 RSE learning objective; to learn about the changes that happen at puberty. We will discuss how the following changes are preparing our bodies for adulthood, how it happens to everyone between the ages of 8 and 17, how the changes are slightly different for boys and girls and how, during this time, they may want more privacy. Your children may come home and ask questions so, please find below, the changes that we will cover in the lesson.

Girls

- **Growing:** Your breasts will start to get bigger, your hips will start to get wider and you may find that some girls are growing taller than the boys. This is because boys' puberty begins a little later than girls but most of them will catch you up.
- **Sweat glands:** Sweat glands become bigger and more active, causing you to sweat more. Personal hygiene is important.
- **Hair:** Hair will begin to grow under your arms and in your pubic region.
- **Hormones:** The hormones in your body that cause changes to occur during puberty may also affect your mood. You may have highs and lows and feel a bit more emotional.

Boys

- **Larynx – Voice:** Your voice will gradually deepen but until this settles down you could sound croaky and produce some interesting sounds! This is your voice breaking.



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- **Sweat:** Hormones can make you sweaty and spotty – good personal hygiene is important.
- **Hair:** Armpits, legs, arms, face, chest and the pubic region all become hairier.
- **Height:** Your body keeps growing until you reach a height that you will stay at. You may become more muscular too.
- **Hormones:** The extra hormones may also cause you to have mood swings but this will improve in time as your body grows and you come to understand it.

Please don't hesitate to get in touch if you have any questions or concerns throughout the year.

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Many thanks,

The Year 3 Team