



# Safeguarding Update

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Issue 32

## Edibles: Information for Parents & Carers

There is concern locally about the use of 'edibles' by a small number of young people which has resulted in some requiring medical assistance.

### What are edibles?

Edibles are food products that may contain cannabis. There are many forms of edibles, including sweets, gummies and lollipops. They usually contain a number of chemicals, many of which are harmful including tetrahydrocannabinol (THC). THC is the psychoactive compound in cannabis and can make people feel a range of effects. Any product containing THC is illegal in the UK.

The sweet versions are widely available on the internet and via social media and may be easily accessed by young people. The packaging is often deliberately targeted to attract young people. There is NO quality control of these products.

### What are we worried about?

The amount of cannabis in these products can vary greatly and sometimes other harmful drugs are added too. The effects of consuming edibles are unpredictable and it can be very easy to accidentally take a larger dose. Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver. Because it takes longer, the person taking them may end up consuming larger amounts of the drug. As edibles may look like other products, there is also the risk someone may ingest them without realising they contain drugs - this could include children.

Edibles Packaging Examples



## Gaming

Gaming is enjoyed by children and adults on a worldwide scale. It can be a way for children to be social, learn new skills, develop teamwork, and relax. However, gaming also comes with risks for children. It can be difficult to keep up with the latest games and how they work. However, there are ways that you can support happier, safe gaming for your child. Talking to your child about the games they are playing, learning together, and setting boundaries/safety settings are steps you need to take.



**Remember** - if you are worried that a child is being groomed in a game or any other online platform you should contact local police on 101/999. Click below for further expert advice <https://www.thinkuknow.co.uk/parents>

## Surrey Safeguarding Children's Board

Call us on  
01372 833330

## Worplesdon Safeguarding Team



Our Safeguarding Team is available to any student, parent or school staff member to discuss and report any safeguarding concerns.

Designated Safeguarding Lead: Mrs Karen O'Brien

Deputy Designated Safeguarding Leads:

Mrs Laura Bassett-Cross  
Mrs Jeanette Ireland  
Mrs Liz Earl-Smith  
Mrs Radhika Woodruff

The right medical attention  
when you urgently need it

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HELP YOU  
KNOW WHAT TO DO

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111

NHS