



Safeguarding Update

March 2021

Issue 30



Safer Sleep Week 15th – 21st March 2021

Safer Sleep Week aims to reach as many families as possible with life-saving safer sleep advice. Safer Sleep Week is an effective way to raise awareness of SIDS and equip parents with information how they can reduce the risk.

Safer Sleep Week will take place from 15-21 March 2021. For more information about Safer Sleep Week, please contact communications@lullabytrust.org.uk or visit the lullaby trust's website for more information on Safer Sleep Week Awareness Campaign.



About Thinkuknow

Thinkuknow is an education programme from the National Crime Agency's CEOP Command.

Since 2006, Thinkuknow has been keeping children and young people safe by providing education about sexual abuse and sexual exploitation. Thinkuknow is unique. It is underpinned by the latest intelligence about child sex offending from CEOP Command.

Thinkuknow aims to ensure that everyone has access to this practical information – children, young people, their parents and carers and the professionals who work with them.

Alongside the Thinkuknow website the programme provides educational resources, including films, cartoons and lesson plans, to help professionals raise young people's awareness.

www.thinkuknow.co.uk/parents

HappyMaps

www.happymaps.co.uk

is an online hub to support professional and parents with child and adolescent mental health and wellbeing.

HappyMaps



A website for parents and carers. Reliable and up-to-date resources on emotional health for your children.

www.happymaps.co.uk

Worried about your child's behaviour or mental health? Not sure where to start looking for help? HappyMaps will guide you to websites, books, videos and Apps to help you and your child, plus there is information on being referred for specialist help, how to find counselling and parent support.

Surrey Safeguarding Children's Board

Call us on
01372 833330

Talk PANTS

With the help of our friendly dinosaur

Pantosaurus, Talk PANTS is a simple conversation to help keep your child safe from sexual abuse.

Talk PANTS helps children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried.

www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/

What are the PANTS rules?

