



# Safeguarding Update

February 2021

Issue 29



**An internet we trust: exploring reliability in the online world.** Safer Internet Day 2021 celebrates the amazing range of information and opportunities online, and its potential to inform, connect and inspire us, whilst also looking at how young people can separate fact from fiction.

The campaign focuses on how we can decide what to trust online, supporting young people to question, challenge and change the online world for the better. It will explore how influence, persuasion and manipulation can impact young people's decisions, opinions and what they share online.

This also looks at the emotional impact navigating a misleading online world can have on young people and why it is important to create a supportive, critical and questioning culture online that encourages debate and discussion. We want to give young people the skills to support one another, and the strategies to spot and speak out against harmful and misleading content online.

For further information please go to:  
<https://www.saferinternet.org.uk/safer-internet-day/2021>



At the NSPCC, we know how **challenging it can be to balance all the demands parents have to cope with.** That's why we've put together some tips to help. All children need boundaries and discipline, and this guide helps you develop what works for you and your child.

Positive parenting uses techniques that work well for every child. These techniques build on your child's wish to please you, the importance of listening, and, above all, loving your child – leading to a better-behaved, happy child and less-stressed parents. All parents can come under pressure or stress from time to time, and it can even lead them to want to smack their children – although many parents regret it later. But physical punishment is never an effective way to discipline your children.

**Need-to-know: how to set boundaries and build positive relationships**  
Balancing the various demands parents have to cope with isn't easy and all parents can come under pressure or stress from time to time. This guide shares practical advice and tips for positive parenting techniques that work well for children - from babies to teenagers. These techniques encourage better behaviour and help parents find out what works for them and their child.

For guides and advice go to:  
<https://learning.nspcc.org.uk/research-resources/leaflets/positive-parenting>



**Surrey Safeguarding Children's Board**  
Call us on  
01372 833330



**Parenthood..**  
The most rewarding job in the world  
And also the toughest  
Need some advice about your child's behaviour?  
Contact YoungMinds Parents Helpline  
0808 802 5544  
[www.youngminds.org.uk/parents](http://www.youngminds.org.uk/parents)

**YOUNGMINDS**