



NEWS FLASH

Friday 15th January 2021

MESSAGE FROM MRS O'BRIEN

Dear Parents/Carers,

Following my newsletter last week, I wanted to give you an update on our provision for children both at home and at school. As you know, when we opened last week, there was little time to set up our blended learning (which is the term used for combined face to face learning and remote learning). The teaching team have done a great job but as always, they continue to reflect and strive to improve their provision for your children. With this in mind, we have been reading the most recent research from OFSTED and will be rolling out further google meet sessions and live lessons. It will be no surprise to you that the provision from one year group to another will differ due to the age and needs of the children. Furthermore, due to the impact of live lessons on internet bandwidth, there are many logistical issues that we are currently resolving.

Today, you will receive your weekly message from your child's class teacher and this will share any google meet sessions planned for Monday. **On Monday** (at 6pm) teachers will post any google meet sessions planned for Tuesday.

On Tuesday, you will receive a more detailed letter from me explaining the provision designed for your child's year group and the weekly timetable of google meets and live lessons up to half term so that you are able to plan accordingly. Please be re-assured that we will continue to provide the recorded inputs so that parents at home still have flexibility on the timetable that their child is following due to your own working days.

Finally, I will continue to lead **daily assemblies** for children both at home and at school which I hope will be a positive experience. **Years 4-6 are 9.50-10.10 and years R-3 are 10.10-10.30**. This month, our values are perseverance and resilience (which seem very relevant). I am sure you will have many examples of your child(ren) living by these values; I would love to hear about it (via my email: head@worplesdon.surrey.sch.uk) so I can give them a 'special head teacher note of thanks'. Assemblies will be posted on the 'stream' section of the Google Classroom.

Thank you for your continued support. Just remember ... the days are getting longer, the weather is going to get better and the vaccines have started to roll out 😊. Enjoy your weekend.

Best wishes,

Kareen O'Brien

CHANCE TO SHINE LIVE!

JOIN US FOR A LIVE CHANCE TO SHINE CRICKET SESSION!



CHANCE TO SHINE



WEDNESDAY 13 JANUARY
2.00 - 2.45PM



chancetoshine.org/live



ACCESSIBLE FOR CHILDREN OF ALL AGES

YOU WILL NEED:

SOMETHING TO STRIKE WITH, E.G. A BAT, A FRYING PAN OR A HARBACK BOOK



A BALL OR A ROLLED UP PAIR OF SOCKS!



A TARGET, E.G. A SET OF STUMPS OR A RUBBISH BIN

THE SURREY CRICKET FOUNDATION WANT TO SEE YOUR LOCKDOWN CRICKET SESSIONS!



Follow the Chance to Shine Virtual Sessions, send a video to competition@surreycricket.com and you could win an **AMAZING** prize

HOME VIDEO PRIZE – a place on a Surrey Cricket Pride of Lions Course!

SCHOOL VIDEO PRIZE – a tour of the Oval for your class!



CLOSING DATE 18TH FEBRUARY 2021
WINNERS ANNOUNCED 19TH FEBRUARY 2021

Families
Surrey West

FREE
TAKE ME HOME

WEAR A HAT DAY
is coming!
See inside!

IN THIS ISSUE
Online classes
Supporting mental health
Craft ideas
Outside activities
And lots more!

January/February 2021 Familiesonline.co.uk

https://issuu.com/familiesonline/docs/families_surrey_west_jan_feb_2021?fr=sN2MyZDI2NzAzMjE

Hello

My name is Hollie, I am a Trainee Clinical Psychologist at the University of Surrey, and for my final year research project I am looking for **Mums of 3-6 year olds** to take part in a 4-week online intervention. The intervention has been designed to help understand Mums understand more about **'Mum-guilt'** and self-criticism and **learn ways to manage this**- maybe more important than ever as we begin another lockdown and potentially face more home-schooling!

You will be asked to complete some questionnaires and some daily/weekly tasks, but they should only take **about an hour a week in total**. In return for your time, I hope that the intervention can help you learn more about self-compassion and reduce your levels of self-criticism, which can **improve wellbeing**- also more important than ever!

Please also feel free to share with friends and family who may be interested.

Please follow this link for more information and to take

part: https://surreyfahs.eu.qualtrics.com/jfe/form/SV_50Fiz3oNOnj1FVX

**Do you have a child aged between 3 and 6 years old?
If you 'put yourself down' a lot or often experience 'Mum guilt'
You are invited to take part in new research!**



Participation involves taking part in a 4-week online intervention designed to reduce self-criticism and increase self-compassion. We are interested in whether the intervention works and your thoughts on it.

To take part: https://surreyfahs.eu.qualtrics.com/jfe/form/SV_50Fiz3oNOnj1FVX

Please email h.butcher@surrey.ac.uk for more information



This study has been approved by the University Ethics Committee