



# Safeguarding Update

January 2021

Issue 28

## COVID-19

**Covid-19 making life more difficult**

The impact of Covid-19 on families varies widely. Some families are able to 'get on' with life, but for others it is making life much more difficult. If you are struggling as a family please do not hesitate to contact school and ask for support. You may be:

- feeling isolated;
- struggling with your mental health;
- worrying about your finances, perhaps due to job loss or a reduction in hours;
- concerned about your physical health if you are in a vulnerable category due to underlying health needs.

If you need any support with any of these things or indeed something else, please contact one of the Designated Safeguarding team:

Kareen O'Brien            Head teacher  
Laura Bassett-Cross      Deputy Head Teacher  
Liz Earl-Smith            SENDCo  
Jeanette Ireland          HSLW  
Jen Major                  Head of Centre (Haven)  
[DSL@worplesdon.surrey.sch.uk](mailto:DSL@worplesdon.surrey.sch.uk)

**Childline**  
**0800 11 11**



The Surrey Family Support Programme works in partnership with families across Surrey. The

programme particularly helps families whose children:

- have school attendance issues
- have behavioural difficulties at school that have led to exclusions
- have been in trouble in their local community with anti-social behaviour or offending

Some of the areas of life we also help families with are:

- Housing
- Managing debts
- Keeping your family safe
- Parenting
- Difficult life events

Email: [guildfordFSP@guildford.gov.uk](mailto:guildfordFSP@guildford.gov.uk)

Tel: 01483 444089

## Surrey Safeguarding Children's Board

Call us on  
01372 833330



### Home Learning Guidance:

1. Establish routines and expectations—Chunk your days into predictable segments. Keep normal bed-time routines, including normal rules for digital devices.
2. Choose a good place to learn— Make sure it is quiet, free from distractions and has a good internet connection. Make sure an adult monitors online learning. Keep doors open, and practice good digital safety.
3. Stay in touch— Teachers will ring you to discuss your child's home learning. If you have any concerns, please let the school know.
4. Help students 'own' their learning— No one expects parents to be full-time teachers or to be educational and content matter experts. Provide support and encouragement, and expect your children to do their part.
5. Encourage physical activity and exercise— Moving (independently and together as a family) is vital to health, wellbeing, and readiness for learning. You may want to think about how your children can pitch in more around the house with chores or other responsibilities. Now's a good time to think about increasing personal responsibility and pitching in.

### Parental Controls and Safe Searching

Use the parental controls on your home internet and any device that uses the internet at home. You can switch on Google Safe search in the settings on Google Chrome. If your child needs to research their work on the internet use a safe search engine such as [www.safesearchkids.com](http://www.safesearchkids.com)