



# Safeguarding Update

January 2020

Issue 22



**Safer Internet Day 2020** | Tuesday 11 February  
Together for a better internet  
[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)



Safer Internet Day aims to inspire a national conversation about using technology responsibly, respectfully, critically and creatively. Coordinated in the UK by the UK Safer Internet Centre the celebration sees hundreds of organisations get involved to help promote the safe, responsible and positive use of digital technology for children and young people.

For further information and advice please go to:  
[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)

## Surrey Safeguarding Children Partnership

Call us on  
01372 833330



**Children's Mental Health Week will take place 3-9 February 2020.**

Bravery comes in all shapes and sizes and is different for everyone. Bravery can be about sharing worries and asking for help, trying something new or pushing yourself outside your comfort zone. 'Finding Your Brave' can build your confidence, self-esteem and make you feel good about yourself.

Life often throws challenges our way. Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself. As parents and carers, you play an important role in your child's mental health.

For further information please go to:  
<https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>



**TikTok**

Official age rating

**13+**

TikTok (formerly called Musical.ly) is a social media platform that lets you create, share and discover 15 second videos. You can use music and effects to enhance your videos and you can also browse other people's videos and interact with them.

Parents have expressed concerns around the inappropriate language of some of the videos posted which may make this less suitable for younger children.

There is also concern regarding contact from strangers. When you download the app users can see all the content without creating an account although they are not able to post, like or share anything until they've set up an account. By default all accounts are public so anyone on the app can see what your child shares. Users can like or react to a video, follow an account or send messages to each other. There is the risk that strangers will be able to directly contact children on the app.

You can set an account to be private so that all videos can only be seen by the creator and no one else on the platform. With a private account, you can approve or deny users and limit incoming messages to followers only. **Please note that even with a private account, your child's profile photo, username, and bio are still visible to all users on the platform.**

**Childline**  
**0800 11 11**

<https://www.childline.org.uk/info-advice/>

We're here for you, whatever's on your mind. We'll support you. Guide you. Help you make decisions that are right for you.

Our tips and techniques, ideas and inspiration, can help you feel more in control. And you can access them in your own time, at your own pace!

Childline is not only for children to access. There are a wide range of topics and advice centres to support anyone in need.