

November 2019

Dear Parent/Guardian

### **Height and weight checks for children in Year 6**

Each year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme. Height and weight measurements are used to calculate weight status. We collect this information because it is in the public interest to understand how many children are overweight, healthy weight or underweight. Your child's class will take part in this year's programme.

The checks are carried out by trained school nurses or trained health care providers. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

If your child is a healthy weight we will not contact you, but individual results are available by contacting the local team at the contact details in the footer on page 3. Or visit our web site; <https://www.childrenshealthsurrey.nhs.uk> and search 'school nursing'.

If your child's weight falls outside predicted norms for their age and height we will post their results to you within 6 weeks of the date of their measurement.

### **The information we collect and what it is used for is listed below:**

- your child's age, gender, and date of birth are used to calculate your child's weight category
- your child's name, date of birth and NHS Number are used to link your child's measurements from Reception and Year 6. Other data sets may also be linked such as your child's dental survey results or any visits to hospital they may have had. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health
- your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England

All of the data collected is also used for improving health, care and services through research and planning.

All this information is treated confidentially and held securely by us. No individual measurements will be given to school staff or other children.

## How the data is used

The information collected from all schools in the area will be gathered together and held securely by Surrey County Council. We will store your child's information as part of their local child health record on the NHS's child health information database.

All the information collected about your child will be sent by us to NHS Digital. NHS Digital is responsible for collecting data and information about health and care so that this can be used to monitor and improve the care provided to people across England.

The information collected about your child will also be shared by NHS Digital with Public Health England but in a de-personalised form only. This means Public Health England will not be able to identify your child. Public Health England is responsible for working to protect and improve the nation's health.

Both NHS Digital and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child.

De-personalised information from the National Child Measurement Programme may also be shared by NHS Digital with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child, and NHS Digital only ever shares information for research with the approval of an independent group of experts.

## Withdrawing your child from the National Child Measurement Programme

If you are happy for your child to be measured, you do not need to do anything.

**If you do not want your child's height and weight to be checked, or your child has a medical condition that affects their height or weight please complete the enclosed opt-out form and return it to the school office.**

Children will not be made to take part on the day if they do not want to.

Yours faithfully,

*CFHS School Health Team*

For more information about how to keep you family fit and healthy visit;

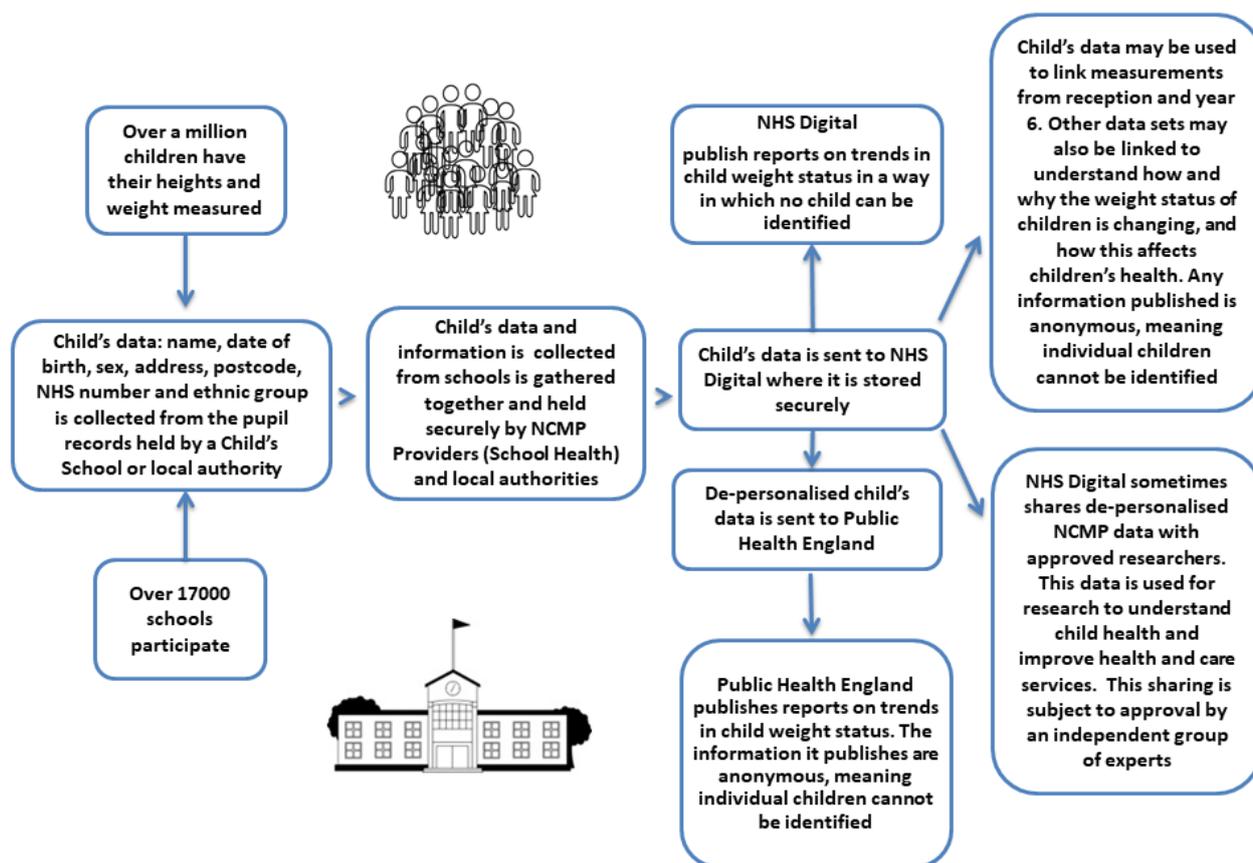


[www.nhs.uk/change4life](http://www.nhs.uk/change4life) or [www.healthysurrey.org.uk](http://www.healthysurrey.org.uk)

## How your child's data is collected and processed as part of the National Child Measurement Programme (NCMP)

Local authorities have a legal duty to collect the NCMP data. They do this by following guidance from Public Health England. Local authorities are responsible for making decisions on how the data is collected and for making sure it is protected. Local NCMP service providers are contracted to carry this out; this might be through the school nursing team working in schools or a local healthcare provider. The team collecting the data enter it into the NCMP IT system, which is provided by NHS Digital. The data will also be entered into a local child health information system. Your local authority is responsible for sending the data to NHS Digital. NHS Digital and Public Health England are jointly responsible for the data held at a national level. Your local authority is responsible for the data held locally.

The chart below displays what happens to your child's data as part of the NCMP.



Mid Surrey  
Ewell Court Clinic  
Ewell Court Avenue  
Ewell, Epsom  
Surrey KT19 0DZ  
Tel: 020 8394 8153

Surrey East  
Forum House  
41-51 Brighton Road  
Redhill  
Surrey RH1 6YS  
Tel: 01737 775465

Surrey West  
Goldsworth Park Health Centre  
Denton Road  
Woking  
Surrey GU21 3LQ  
Tel: 01483 794883

**Opting out your child's data from being included in the National Child Measurement Programme.**

**Form 1: Opt-out slip**

**I DO NOT wish** my child's height and weight measurements to be included as part of the Year 6 National Child Measurement Programme.

Child's name:

Date of Birth:

Year: 6

Class:

Child's school:

Parent's/Guardian's name:

Parent's/Guardian's signature:

Date:

Please return to your child's school office.