



Safeguarding Update

July 2019

Issue 17



CHIPS Playscheme

CHIPS provides quality school holiday play provision for children aged 4 to 11. We run

for four weeks during the summer holidays.

Dates and Venue:

From Monday 29 July to Friday 9 August, CHIPS will be held at Guildford Grove Primary School

From Monday 12 to Friday 23 August, CHIPS will be held at Weyfield Primary Academy

Tel: 07729 878964

Email: chipsguildford@hotmail.co.uk

Surrey Safeguarding Children's Board

Call us on
01372 833330



Starting secondary or high school can be both exciting and a little bit scary for you and your child.

As parents and carers, preparing for this change and making sure that your child feels able to take the step from primary school can feel difficult.

However, there are many ways in which we can help our children – and ourselves – feel ready. Place2Be is a children's mental health charity providing support to improve the emotional wellbeing of pupils, families and teachers.

For further information go to:

<https://www.place2be.org.uk/what-we-do/parent-carer-resources/ready-for-secondary-high-school.aspx>

The weather is warming up, the days are longer and there's more time to be outside doing all kinds of fun things!



Don't Feel the Burn - you don't need to hide from the sun completely but you should take these two steps:

1. Always wear sunscreen
2. Take breaks from the sun

These steps are especially important between 10am – 4pm, when the sun's rays are strongest.

Drink Up! Drinking water is an important part of staying healthy. Don't wait until you're thirsty — drinking before you feel thirsty helps keep the water level in your body from dropping too low (dehydration) when it's hot.



Keeping your child safe in clubs, playing sport and at other activities

It's great if your child wants to get involved in clubs and sports. It can help them develop skills, make new friends and build self-confidence. But it's important to know that the people running the activity take your child's safety as seriously as you do.

So before your child starts joining in, here are some things to find out.

- Is there a child protection policy? *Every organisation should know how children will be kept safe. If there isn't a written policy then you may want to think about whether you want your child to join.*
- Who do you speak to if you're worried about anything? *It's important you know who to talk to if there's anything that's worrying you.*
- Is there a written code of conduct for coaches and volunteers? *You want to know that the people who will be in charge of your child have a set of rules and requirements they have to follow.*
- What happens when your child has to travel to "away" events? *Sometimes your child might have to go on trips with the club. They should have a policy that covers things like the recommended ratio of adults to children and how travel will be arranged between locations.*
- Are all staff trained, qualified and police checked to work with young people? *The club should be able to confirm all the necessary checks have been completed.*
- How are health and safety issues handled? *For example, is there always a trained first aider on hand and are all the fire exits marked and easy to open?*
- What's the policy if a child needs personal care? *If anyone from the club ever has to do anything that a parent would normally do, like taking a young child to the toilet, it's important that they have guidelines that have to be followed.*

The great majority of clubs and activity centres will have all these safeguards in place. If you aren't sure they do, ask to see the policies for yourself. After all, nothing's more important than having the peace of mind that your child is in safe hands.

Childline
0800 11 11